

Priori Pre-Peel Instructions

General Instructions

- Avoid clay masks, scrubs or exfoliating agents for 48hrs prior to peel procedure.
- No self tanning agents 48hrs prior to peel procedure.
- No Retin A or Vitamin A products to be used 48hrs prior to peel procedure
- No peel will be administered if you have cold sores or fever blisters on the area to be treated. If in doubt please call your practitioner for advice.
- No waxing or plucking in the area to be treated for 48hrs prior to peel procedure.
- No peel will be administered if the area to be treated is sunburnt or if you have been on a sun bed within the past 48 hours (or more if the area is still sensitised.) If in doubt please refer to your practitioner for advice.
- Other facial procedures such as (but not limited to) laser treatments, other chemical peels, Botox®, Dermal fillers (and other injectable procedures) & Microdermabrasion etc should NOT be carried for 48hrs prior to your peel treatment. No peel will be carried out until the skin has completely healed & normalised following other facial procedures. If in doubt please refer to your practitioner for advice.

Preparing your skin for a Priori Advanced AHA Peel

- Adhere to all the advice above prior to each peel procedure.
- Apply the appropriate Priori Advanced AHA Corrector as advised by your practitioner, to the area to be treated for a minimum of two weeks prior to your first peel procedure. If any irritation occurs please refer to your practitioner for advice before your first treatment.
- Use of the complete Advanced AHA homecare regime prior to your first procedure will enhance optimal results.

Preparing your skin for a Priori Idebenone Superceuticals Peel

- Adhere to all the advice above prior to each peel procedure
- Your skin must be acclimatized to Priori Advanced AHA peels before moving up to Superceuticals peel level. If in doubt refer to your practitioner for advice.
- Ideally the following skin acclimatisation programme must be undertaken before your first peel:
 - **4 weeks** before your first peel procedure commence use of Priori Idebenone Facial Cleanser once per day.
 - **3 weeks** prior to your first peel procedure if no irritation has occurred, commence use of Priori Idebenone Facial Moisturising Cream once per day and Priori Idebenone Facial Cleanser twice per day
 - **2 weeks** prior to your first peel procedure, if no irritation has occurred, commence use of Priori Idebenone Smooth Lines or Even Tones once per day and Priori Idebenone Facial Cleanser and Moisturizing Cream twice per day.
 - **1 week** prior to your first peel procedure, if no irritation has occurred, you may commence use of your Priori Idebenone home care regime twice per day.

Priori Post Peel Instructions

General Instructions

- Normally, make up can be applied after your peel procedure but keep to a minimum and avoid any highly perfumed cosmetic products
 - You should not exercise for 24 hours after each procedure
 - You should avoid direct sun or sun bed exposure for at least 48hrs
 - SPF 30 should be applied daily as regular protection
 - You should avoid applying any other skin care products to your skin on the day of your peel.
 - Do not use Retin A or Vitamin A for 48hrs after your peel
 - No facial waxing should be performed for 48hours after your peel
 - No heat treatments (such as but not limited to, saunas, steam rooms, facial steaming, cooking in hot kitchens etc) for 48hours after your peel
 - Avoid chlorinated water for 48 hours after your peel
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Post peel instructions specific to Priori Advance AHA peel

- Wait 24 hours following your peel before resuming your basic Advanced AHA homecare products
 - Wait 48 hours following your peel before resuming your Advanced AHA corrector products
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Post peel instructions specific to Priori Idebenone Superceutical peel

- Wait 24 hours following your peel before resuming your basic Idebenone homecare products
- Wait 48 hours following your peel before resuming your Smooth Lines or Even Tones corrector products AND Idebenone Eye Serum